

RIVER FOREST FITNESS CENTER
Individual Use Agreement

Name _____

Address _____

Phone _____

E-Mail _____

I acknowledge and accept the following terms in exchange for use of the River Forest Fitness Center.

- Use of the Fitness Center is at my own risk. The River Forest POA assumes no responsibility for accidents, personal injury, including accidents or injury due to equipment failure.
- Only persons 18 years and older may use the fitness center
- Use of the facilities is limited to the fitness center and restrooms only. Reservations must be made for use of the clubhouse.
- Proper use and care of all equipment.
- Upon completion of work out, all users must wipe down all equipment used during each visit. Individuals must supply their own antiseptic spray cleaner and a clean cloth.
- Work out time is limited to 30 minutes per use of each piece of equipment.
- No loud music. Please use earphone devices only.
- The last person to leave is responsible for turning off all interior lights.
- Violation of this agreement will result in the suspension of these privileges.

Acknowledged and Accepted

Date _____